

# THE SUNRISER

## THANK YOU VOLUNTEERS!

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On Wednesday, June 8th, Sunny Hill celebrated our volunteers with our annual recognition ceremony.

The Schuth Gratia Deo Volunteer of the Year, the Helping Hands Group Award and Sunshine Resident Volunteer of the Year Award were all presented at the evening event.

Receiving the **Schuth Gratia Deo Volunteer of the Year Award** was Mark Fischer. Mark is a retired Channahon Police Lieutenant that worked for the department for 33 years.



Mark has been visiting Sunny Hill for the past three years, since his wife Gail came to live as a resident. He enjoys spending time talking with the residents and

feels that their conversations help to brighten their day.

He says that he was very surprised when his name was announced as the Volunteer of the Year Award as he never expected to even be considered.

Mark and Gail are raising their two grandchildren Erik and Jessica and they are also encouraged to volunteer at Sunny Hill on days when they are not in school.

It is the little things that matter to Mark, such as finding a special talking watch for a resident or taking pictures and giving the resident a copy, or helping out with the men's breakfast.

Mark visits his wife daily and looks for any opportunity to brighten someone's day.

### The Sunshine Volunteer of the Year



The 2016 Sunshine Volunteer of the Year Award goes to Sunny Hill Resident Margaret Tilton.

Margaret came to Sunny Hill with an important mission in her heart to be able to extend her hands to help others.

Margaret immediately found numerous ways to help her fellow residents and many ways to help her new community. She is willing to help with any job asked of her.

Margaret assists with fundraisers, give-aways and activity programs and preparations.

She is the NUMBER ONE greeter at Sunny Hill and will often be seen in the front lobby with a big SMILE.



## Sunny Hill Administration:

**Administrator** Karen Isberg Sorbero, LNHA  
**Assistant Administrator** Becky Haldorson, LNHA  
**Director of Nursing** Debbie Stanko, RN  
**Assistant Director of Nursing** Maureen McIntyre, RN  
**Assistant Director of Nursing** Kathie Miner, RN  
**Assistant Director of Nursing** Edita Evans, RN

**Financial Supervisor** Tim Costigan  
**Social Services** Tammy Sangmeister, LSW  
**Admissions/Marketing Coordinators** Charlotte Mather

**Dietician** Paula Hall, LD/RD  
**Food & Beverage Services Manager** Bonita Dodson  
**Environmental Services Supervisor** Ray Vicha  
**Activity Director** Danette Krieger  
**Maintenance Supervisor** Rene Munoz  
**Human Resources** Keri Bartlett

## Nursing Department

**MDS Coordinator** Marbe Flores, RN

**MDS Nurses:**  
**Tami Hutchison, RN** Joanne Crowder, RN  
**Lori Chancey, RN**

## Nursing Supervisors:

**Skin Care** Grace Bambule, RN  
 Vivian Bibber, RN

## House Nursing Supervisors:

**Marizza St.Onge, RN** Mardy Mon-Alon, RN  
**Evangeline Ba-ad, RN** Imelda Defensor, RN  
**Ferdinand Cantor, RN** Jennifer Calma, RN  
**Alicia McLaughlin, RN** Denise Richardson, RN  
**Munawar Gill, RN** Ruth Eromosele, RN



## The Sunriser

Published four times yearly for the Family Members and Community Friends of Sunny Hill Nursing Home of Will County  
 For more information, offer suggestions or submit materials,

contact **Becky Haldorson, Assistant Administrator**  
**815-774-4375**

## ADMINISTRATOR'S CORNER

Dear Family Members, Sunny Hill Volunteers and Community Friends:

Summer is in full bloom and our residents are enjoying our beautiful outdoor areas. I am currently at home recuperating from surgery and will be returning to Sunny Hill in late August. The surgery went well and I have a clean bill of health!

I miss seeing all of the residents, visitors, volunteers and staff, but I know that our Leadership Team and our staff is keeping everyone happy. Thank you for any prayers you can share with me – I am very blessed to be part of such a loving and caring family!

Our Father's Day Breakfast Cook-out was another wonderful success – thanks to the Activity Department! The gardens are starting to bloom – thanks to our volunteers from KSKJ and the University of St. Francis Alumni. So many wonderful events daily to enjoy – there is always something to do here at Sunny Hill.

This has been a time of celebration: National Volunteer Week; National Nurses Week; National Nursing Home Week and National C.N.A. Week. National Nursing Home Week, May 8th—14th, found our residents enjoying the many festive celebrations.

Our plans continue as we move towards providing private rooms by the end of this year. Sixth Avenue is the cornerstone of those plans and that should be completed sometime this autumn. Flooring changes on 1<sup>st</sup> Avenue and bedroom flooring changes on 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Avenues will complete the renovation. We thank the Will County Executive Larry Walsh, the Will County Board and the Will County Public Building Commission for their continued support of Sunny Hill.

Will County Executive Larry Walsh and Will County Board members Mark Ferry, Ragan Freitag, Suzanne Hart, Charles Maher, Jackie Traynere and Judy Ogalla, brought many smiles by helping dish up ice cream to our residents during that special week—thank you!

On behalf of myself, Sunny Hill's Administrative Staff, Will County Executive Larry Walsh and the Will County Board, have a peace-filled and safe Summer!

**Karen Sorbero**  
 Administrator



## MEMORIAL GIFTS

The following Memorial Gifts have been received by either The Friends of Sunny Hill or Resident Council. The Families and Friends of these Residents are in our thoughts and Prayers.

### Riley Stover

David Stoiber & Margaret Stoiber

### Lottie Dodge

Brenda Dodge



## A Special Thank You!

Darrell & Lydia Marquardt  
 Maureen Roliardi  
 Marge Rautmann and Dell Cetwinski  
 Gerri Waller, JJC C N A Instructor  
 Natalie Radakovich  
 Danette Krieger  
 Sharon Graves  
 Mary Ann Bowden  
 Bridget Lynn Meany  
 Pride of Prairie Quilters  
 Family of Ima Sayers  
 Joliet Area Community Hospice  
 Anne Tarbell  
 Mark Fischer  
 American Legion Post 1080-Gary Steig  
 Home Cut Donuts  
 Paula Hall  
 Darrell Holmquist  
 Diana Bruesewitz  
 Beth Hobby

## Special Request



Our residents LOVE to sit and watch the birds in our outside areas and even through the windows on those warm weather days. We are looking for donations to help us grow our bird friendly environment. We would love to add to our gardens more bird houses, bird feeders, shepherds hooks, bird food and any other bird attractions. If you would like to donate, please contact Danette Krieger, Activity Director at 815-727-8711 or by email [dkrieger@willcountyillinois.com](mailto:dkrieger@willcountyillinois.com).

## S.T.A.R. Spontaneous Thanks and Recognition

The following staff members have joined the ranks of those who are going above and beyond the call of duty and providing the best care possible to our residents and Sunny Hill. Department Heads, Supervisors and Family Members have nominated these employees since April 2016



### Activities

Roger Bentley

### Environmental Services

Kathleen Dreesen (2 certificates)  
 Deborah Alexander  
 Martha Erickson  
 Marcus Galvan  
 Renee Gant  
 Kristina Velaquez  
 Theresa Verdone (3 certificates)  
 Ray Vicha  
 Lorenzo Wilson  
 Janet Youngblood

### Food & Beverage Services

Terrlyn Carter-Jones  
 Alvin Holloway  
 Raymond Smith (2 certificates)

### Maintenance

Steve Brann

### Nursing

Stacy Bargas  
 Brenda Climer  
 Ann Crowley (3 certificates!)  
 Graciela Duarte (2 certificates)  
 Andres Grizales  
 Carrie Gunning  
 Christina Guzman  
 LaQuitta Jones  
 Erika Martin  
 Bertha McGaughey  
 Alice Metcalf  
 Katherine Moffett  
 Cynthia Thacker  
 Deidre Thompson  
 Chandra Vidales  
 Minda Williamson (3 certificates)

### Social Services

Judy Munoz  
 Jackie Palmer-Hosey

# HONORING OUR FATHERS

On Saturday, June 18th, many of our family members joined their Dads and Grandfathers here at Sunny Hill for the annual Father's Day Breakfast.



The breakfast prepared by Sunny Hill Activity Staff was enjoyed by everyone on the beautiful Courtyard patio. The weather was perfect for a morning picnic!

Thank you to all the activity staff and to our families for attending this annual celebration!

## About Father's Day

As early as 1913, bills had been submitted to congress to recognize Father's Day nationally. In 1916, President Woodrow Wilson pushed to make Father's Day official, but couldn't muster enough support from Congress. In 1924, President Calvin Coolidge would also recommend that Father's Day be observed, but did not go so far as to issue a national proclamation.

In 1957, Margaret Chase Smith, a senator from Maine, wrote a proposal that accused Congress of ignoring fathers for 40 years while only honoring mothers. It wasn't until 1966 that President Lyndon Johnson finally signed a presidential proclamation that made the third Sunday of June, Fathers Day. In 1972, President Richard Nixon made Fathers Day a permanent national holiday.



## MILESTONES

**Rubby retires after 27 years at Sunny Hill!**

**Brenda retires after 17 years at Sunny Hill!**



Friday, July 15th will be the last day that Rubby Johnson has to get up early and come to work at Sunny Hill. Maybe she'll sleep in for a while before she starts to make plans for her days as a retiree.

After 27 years of work as a CNA at Sunny Hill, Rubby deserves a little time to relax.

Rubby plans to travel some. She plans to go to Las Vegas next month and is planning a trip to Cancun in December.

She also plans to spend some time taking care of her grandkids, walking to stay healthy and is even thinking about taking up fishing.

After 17 years of providing nursing assistance to the residents of Sunny Hill, Brenda Climer has retired.

Brenda became a CNA 39 years ago and became a loved caregiver on Third Avenue's day shift.

Brenda is the Grandmother to grandchildren Frank, Kyle and Dylan and is looking forward to spending more time with them, traveling with her husband, who is employed by Amtrak, working in her home and taking early morning walks.

Congratulations to Brenda and to Rubby on this special occasion...best wishes to you both on your new chapter!



A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken.  
~James Dent

### Reserve the *Sunrise* Chapel

today for your special service!



Memorial Service  
Funeral  
Vow Renewal  
Wedding  
Christening

Call us at 815-727-8710 or  
815-727-8711  
for more information.

Sunny Hill Nursing Home would like to offer our residents and their families the use of our new Chapel. This Chapel will comfortably seat 40 people. If you need space for wheelchairs, the Chapel will sit considerably less.

We would like to make the Chapel available for Memorial Services, Funerals, Weddings, Vow Renewals, Christenings as well as any other small event that would be appropriate. For families whose loved ones reside here at Sunny Hill and may not be comfortable leaving the building for these events, this could be a great opportunity for your loved one to be included in your special day.

The Chapel is equipped with a 60 inch television that is connected to a dvd/blu ray player that can be used to show life story videos. There is also wifi available if you would like to stream videos for your special event.

If you would like more information on reserving Sunny Hill's Sunrise Chapel, please contact our main number at 815-727-8710 or you can contact our Activity Director directly at 815-727-8711.

## Volunteers - Continued from page 1

### The Junior Volunteer of the Year



Madison "Madi" Curran has been involved in various nursing homes since the age of 7 years old.

She is a championship Irish Dancer and has danced all over the United States. Madi will be performing for the Irish Ambassador on July 24<sup>th</sup> in Washington D.C.

Madi has been involved at Sunny Hill for 3 ½ years. She performs Irish dancing for the residents, teaches American Sign Language and helps out in the Sweet Shoppe occasionally.

Madi will be a senior at Plainfield Central and works hard on maintaining her Honor Roll status with a 4.75 GPA.

In her spare time she is a High Brown Belt in karate, she is second in the region in badminton and she is a varsity bowler.

She also plays the oboe and bassoon in the American Legion Band.

### Helping Hands Group Award

This award was accepted by Claudia Green, Jan Bentley and Janet Park who are all members of the Peace Lutheran Church.

The Peace Lutheran Church is involved in enhancing the quality of life for all our residents through donating items like homemade lap robes, blankets, quilts, hats and slippers and bingo prizes.

They host an intergenerational pen pal program with our residents. They bring the talent of their church members to Sunny Hill to clog and have talent shows. They also invite our residents to their church for picnics and special worship services.

Many of the ladies from the Peace Lutheran Church are also volunteer members of the Friends of Sunny Hill Board of Directors.



For volunteer opportunities at Sunny Hill, individuals and groups can contact Danette Krieger, Activity Director and Volunteer Coordinator at 815-727-8711 or email at [dkrieger@willcountyillinois.com](mailto:dkrieger@willcountyillinois.com)



"Wherever you turn, you can find someone who needs you. Even if it is a little thing, do something for which there is no pay but the privilege of doing it. Remember, you don't live in the world all of your own."  
~Albert Schweitzer

Volunteers for the elderly come from all over the planet, each with a different motive or reason behind their desire to care for the elderly. Each is just as important as the next, no matter what sector the volunteer work is in. One of the most rewarding parts of this job is not just caring for the elderly, but also encouraging others to live more rewarding lives by helping them volunteer for seniors.

Volunteers receive an emotionally rewarding experience, that cannot be bought or sold on any market. People in the elder care sector understand that volunteering for the elderly has its rewards and that community service in general is making the world a better place to live and work. By donating your time to help the elderly or volunteering a few hours a week you are contributing to bring our society into a better tomorrow. It may seem like just one relationship, but it is setting an example for others in your community. Volunteering for the elderly is making progress to change the way that elder care services are operated forever. You are not just helping an elder to live happier and healthier, you are also supporting an organization that is revolutionizing the way elders receive care.

## OUT PATIENT THERAPY SERVICES

### ***Sunny Hill Outpatient Therapy Services is now open!***

Outpatient therapy hours vary so call our Therapy Manager to find out our current schedule. Conveniently located just a half a block off of Richards Street on Doris Avenue, on the beautiful grounds of Sunny Hill Nursing Home of Will County.

Our Outpatient Therapy Department has its own entrance behind the nursing home's visitor parking lot. This entrance has designated parking for outpatient clients only. Follow the signs from Doris Avenue.

***Call our Outpatient Therapy Manager at 815-727-8710 Ext. 8776 to schedule an appointment for your evaluation. You may also contact us with your questions at [shtherapy@willcountyvillinois.com](mailto:shtherapy@willcountyvillinois.com).***



Rehabilitation Services are designed to help elderly patients with strength and mobility issues, regain stamina, strength and physical independence. Whether for a senior who has been injured in an accident or fall, has undergone a procedure such as a hip replacement or has experienced a stroke, Sunny Hill Outpatient Therapy's geriatric rehabilitation specialists are experienced in helping elderly patients regain physical independence.

The rehabilitation specialists and physical therapists at Sunny Hill are also experts in helping patients improve from general loss of physical strength. In addition to physical therapists and a physician rehabilitation team, occupational and speech therapists are also available to provide treatment for seniors at Sunny Hill.

## SUNNY HILL'S WISH LIST!

*WOMENS SOCKS: WHITE AND PASTEL*

*Special Occasion Cards: Get Well, Sympathy, Graduation, Seasonal Holiday CD players, CD's and DVD (current movies and Oldies)*

*Beads and jewelry making supplies*

*LARGE PRINT Books: Mystery and Romance*

*LARGE PRINT Word Search Books*

*Sunglasses (Men and Women)*

*DVD/VCR Combo Players*

*Walker and Wheelchair Bags*

*Wal-Mart Gift Cards (resident shopping trips)*

## THINGS YOU SHOULD KNOW

**COMPLIMENT/CONCERN FORMS**—Reporting forms are located in our information rack in our front lobby and from any department head or unit nurse. Please feel free to fill out these forms or ask for assistance. We are committed to making the stay of each of our residents as comfortable and wonderful as possible. All forms are sent to our Administrator and investigated.

**ACCOMPANYING RESIDENTS TO OUTSIDE APPOINTMENTS**—Many of our residents leave the facility to go to physician's offices to receive services. Family members should make arrangements to accompany their loved one to outside appointments, including riding with your loved one in the med-car. This allows you, as a family member, to provide your input to the physician, improves the communication process and allows you to receive any information first-hand.

**WEEKEND SUPERVISOR AVAILABLE** - There is an additional supervisor on weekend duty. Department Heads such as our Administrator, Director and Assistant Director of Nursing, and Social Service Director are available on assigned weekends to help with any needed tours, concerns, meals, etc.



If you want to keep up with what is happening at Sunny Hill, make sure you visit our **facebook** page. Search for Sunny Hill Nursing Home of Will County and "like" us today!



*We need your e-mail address! Please stop by reception or call us at 815-727-8710 with your information.*



*Watch Channel 25 for the day's special events and announcements.*

*You can also go to [www.willcountyvillinois.com/sunnyhill](http://www.willcountyvillinois.com/sunnyhill) to see what is playing on channel 25!*

421 Doris Avenue  
Joliet, IL 60433

Phone: 815-727-8710

Fax: 815-774-4379

Email: [sunnyhill@willcountyillinois.com](mailto:sunnyhill@willcountyillinois.com)

[www.willcountyillinois.com/sunnyhill](http://www.willcountyillinois.com/sunnyhill)

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## **CALENDAR OF UPCOMING EVENTS**

*Please join us for any or all of the following events. You are ALWAYS welcome!*

### **July 2016 Star Spangled Summer**

*July 11 John Boda Entertains*

*July 13 Outdoor Patriotic Concert with Sandi Haynes and  
FREE TCBY yogurt*

*July 12 YMCA Day Campers visit/Summer Games*

*July 15 3<sup>rd</sup> Avenue Picnic*

*July 17 Ole' Fashioned Country Music with Joe*

*July 21 Lewis University Students Learning Circles*

*July 26 YMCA Day Campers Dance Off*

*July 29 4<sup>th</sup> Avenue Picnic*

### **September 2016 Celebrating School Days**

*September 5 Labor Day*

*September 10 Grandparents Day Social*

*September 12 John Boda Performs and Jim Cruise Spoon Man  
Performs*

*September 21 Accordion Music with Joe*

*September 22 Resident Council and Food Council Meetings*

*September 29 Bob Kalal Performs*

### **OCTOBER 8<sup>TH</sup> WALK TO END ALZHEIMERS**

### **August 2016 When Life Gives you Lemons...make lemonade**

*August 4<sup>th</sup> Happy Hour Tribute to Tony Bennett and Concert on  
the Hill Trip*

*August 7-12 Olympic Games Week*

*August 8 John Boda*

*August 11 Bruce Korosa Performs*

*August 18 The Porter Notes perform in the courtyard WITH  
FREE TCBY YOGURT*

*August 19 Red Hat Club Back to School Spelling Bee*

*August 21 Peace Lutheran Church Talent Show*

*August 29 Larry Levin Performs*

*August 26 Taste of Summer Party*



*Have an idea for an activity? Do you have a special  
hobby that you would like to share with our resi-  
dents? Were you blessed with a musical talent?*

*Contact our Activity Director and Volunteer  
Coordinator, Danette Krieger at 815-727-8711.*